

<p>Big Understandings of the Content Area</p> <ul style="list-style-type: none"> A comprehensive understanding of health concepts is essential to a healthy lifestyle. 					
<p>Content Standards Students will understand:</p> <p>A. HEALTH CONCEPTS: Students will understand health promotion and disease prevention concepts.</p>	<p>B. HEALTH INFORMATION, SERVICES, AND PRODUCTS: Students will know how to acquire valid information about health issues, services, and products.</p>	<p>C. HEALTH PROMOTION AND RISK REDUCTION: Students will understand how to reduce their health risks through the practice of healthy behaviors.</p>	<p>D. INFLUENCES ON HEALTH: Students will understand how media techniques, cultural perspectives, technology, peers, and family influence behaviors that affect health.</p>	<p>E. COMMUNICATION SKILLS: Students will understand that skillful communication can contribute to better health for themselves, their families, and the community.</p>	<p>F. DECISION-MAKING AND GOAL SETTING: Students will learn how to set personal goals and make decisions that lead to better health</p>
<p>Performance Indicators Second grade students will be able to:</p> <ul style="list-style-type: none"> Recognize that there are multiple components of health. Demonstrate an understanding of basic health terms. <p>First grade students will be able to:</p> <ul style="list-style-type: none"> Describe the transmission and prevention of communicable diseases. 	<p>Performance Indicators Kindergarten students will be able to:</p> <ul style="list-style-type: none"> Identify which school and community health helpers are needed in given situations. 	<p>Performance Indicators K-2 students will be able to:</p> <ul style="list-style-type: none"> Demonstrate personal hygiene skills. <p>Second grade students will be able to:</p> <ul style="list-style-type: none"> Differentiate between safe and harmful substance found at home and school. Choose healthful foods. Apply coping strategies when they feel too excited, anxious, angry, or out of control. <p>Kindergarten students will be able to:</p> <ul style="list-style-type: none"> Demonstrate a variety of safety skills for different situations (e.g. bus, fire, auto, and bicycle safety). 	<p>Performance Indicators Second grade students will be able to:</p> <ul style="list-style-type: none"> Describe the influences of media on health Explain how information from school and family influences health. 	<p>Performance Indicators. First grade students will be able to :</p> <ul style="list-style-type: none"> Demonstrate healthy ways to express needs, wants, and feelings. Distinguish between verbal and nonverbal communication. 	<p>Performance Indicators Second grade students will be able to:</p> <ul style="list-style-type: none"> Set a short term health goal <p>First grade students will be able to:</p> <ul style="list-style-type: none"> Explain when assistance is needed in making health-related decisions and setting health goals.
<p>Knowledge/Skills</p> <p>Please see attached document</p>	<p>Knowledge/Skills</p> <p>Please see attached document</p>	<p>Knowledge/Skills</p> <p>Please see attached document</p>	<p>Knowledge/Skills</p> <p>Please see attached document</p>	<p>Knowledge/Skills</p> <p>Please see attached document</p>	<p>Knowledge/Skills</p> <p>Please see attached document</p>

<p><u>Assessments</u> <u>Assessment – Grade 2</u> <ul style="list-style-type: none"> ♦ Creating a Healthy Lunch (MAP) <u>Assessment – Grade 1</u> <ul style="list-style-type: none"> • Germ Buster (MA) </p>		<p><u>Assessments</u> <u>Assessment – Grade 2</u> <ul style="list-style-type: none"> ♦ Creating a Healthy Lunch (MAP) <u>Assessment – Grade 1</u> <ul style="list-style-type: none"> • Germ Buster (MAP) </p>			
<p><u>Resources</u> Please see attached document</p>	<p><u>Resources</u> Please see attached document</p>	<p><u>Resources</u> Please see attached document</p>	<p><u>Resources</u> Please see attached document</p>	<p><u>Resources</u> Please see attached document</p>	<p><u>Resources</u> Please see attached document</p>
<p><u>Instructional Strategies</u> <ul style="list-style-type: none"> ♦ Discussion ♦ Read Aloud ♦ Worksheets ♦ Projects ♦ Role Plays ♦ Field Trips ♦ Guest Speakers ♦ Demonstrations ♦ Hands-On Activities ♦ Film/Video ♦ Partner/Group Work ♦ Individual Work ♦ Student Presentations </p>					