

<p>Big Understandings of the Content Area</p> <ul style="list-style-type: none"> A comprehensive understanding of health concepts is essential to a healthy lifestyle. 					
<p>Content Standards Students will understand:</p> <p>A. HEALTH CONCEPTS: Students will understand health promotion and disease prevention concepts.</p>	<p>B. HEALTH INFORMATION, SERVICES, AND PRODUCTS: Students will know how to acquire valid information about health issues, services, and products.</p>	<p>C. HEALTH PROMOTION AND RISK REDUCTION: Students will understand how to reduce their health risks through the practice of healthy behaviors.</p>	<p>D. INFLUENCES ON HEALTH: Students will understand how media techniques, cultural perspectives, technology, peers, and family influence behaviors that affect health.</p>	<p>E. COMMUNICATION SKILLS: Students will understand that skillful communication can contribute to better health for themselves, their families, and the community.</p>	<p>F. DECISION-MAKING AND GOAL SETTING: Students will learn how to set personal goals and make decisions that lead to better health</p>
<p>Performance Indicators Fourth grade students will be able to:</p> <ul style="list-style-type: none"> Describe the relationship between healthy practices and personal health (e.g. eating well and exercise). Describe the basic structures and functions of the human body systems. Explain the difference between positive and negative responses to stress. Demonstrate essential understanding of basic health concepts. <p>Third grade students will be able to:</p> <ul style="list-style-type: none"> Identify indicators of physical, mental, emotional, and social health during childhood. Identify common health problems of children that should be detected and treated early. Describe ways in which a healthful school and community environment influences personal health 	<p>Performance Indicators Third and fourth grade students will be able to:</p> <ul style="list-style-type: none"> Identify characteristics of basic health information, products, and services that promote health. Demonstrate ways to locate school and community health helpers. <p>Fourth grade students will be able to:</p> <ul style="list-style-type: none"> Identify community agencies that advocate healthy individuals, families, and communities. 	<p>Performance Indicators. Third and fourth grade students will be able to:</p> <ul style="list-style-type: none"> Develop injury prevention and safety strategies for person health. Demonstrate healthful and safe ways to deal with or avoid threatening and stressful situations. <p>Fourth grade students will be able to:</p> <ul style="list-style-type: none"> Demonstrate basic care of human body systems.. Compare behaviors that are safe to those that are risky (e.g. bicycle safety, fire safety, bus safety and water safety). 	<p>Performance Indicators Fourth grade students will be able to:</p> <ul style="list-style-type: none"> Explain how media influences health decisions. <p>Third grade students will be able to:</p> <ul style="list-style-type: none"> Evaluate the influences of culture on health. Describe ways technology affects personal health. Describe ways to be a responsible friend and family member. 	<p>Performance Indicators. Fourth grade students will be able to:</p> <ul style="list-style-type: none"> Differentiate between negative and positive ways to deal with conflict. Demonstrate non-violent strategies to resolve conflicts. <p>Third grade students will be able to :</p> <ul style="list-style-type: none"> Use appropriate communication and listening skill to enhance health.. Express opinions and give accurate information about health issues. 	<p>Performance Indicators Third and fourth grade students will be able to:</p> <ul style="list-style-type: none"> Demonstrate the ability to apply a decision-making process to health issues and problems. Predict the results of positive health decisions.

<u>Knowledge/Skills</u>	<u>Knowledge/Skills</u>	<u>Knowledge/Skills</u>	<u>Knowledge/Skills</u>	<u>Knowledge/Skills</u>	<u>Knowledge/Skills</u>
Please see attached document	Please see attached document	Please see attached document	Please see attached document	Please see attached document	Please see attached document
<u>Assessments</u> <u>Assessment – Grade 4</u> <ul style="list-style-type: none"> ♦ ABC Book of Health Activities (MAP) 	<u>Assessments</u> <u>Assessment – Grade 4</u> <ul style="list-style-type: none"> ♦ Hooked on Safety (Independent Design) 	<u>Assessments</u> <u>Assessment – Grade 4</u> <ul style="list-style-type: none"> ♦ Hooked on Safety (Independent Design) 	<u>Assessments</u> <u>Assessment – Grade 3</u> <ul style="list-style-type: none"> • Friends (MAP) 	<u>Assessments</u> <u>Assessment – Grade 3</u> <ul style="list-style-type: none"> • Friends (MAP) 	<u>Assessments</u> <u>Assessment – Grade 4</u> <ul style="list-style-type: none"> ♦ Hooked on Safety (Independent Design)
<u>Resources</u> Please see attached document	<u>Resources</u> Please see attached document	<u>Resources</u> Please see attached document	<u>Resources</u> Please see attached document	<u>Resources</u> Please see attached document	<u>Resources</u> Please see attached document
<u>Instructional Strategies</u> <ul style="list-style-type: none"> ♦ Discussion ♦ Read Aloud ♦ Selected Reading Passages ♦ Worksheets ♦ Projects ♦ Role Plays ♦ Field Trips ♦ Guest Speakers ♦ Demonstrations ♦ Hands-On Activities ♦ Film/Video ♦ Partner/Group Work ♦ Independent Work ♦ Student Presentations 					